

<p>K.Saranya No.32, R J Nagar, Brammapuram Village, Katpadi, Vellore-632014, Tamilnadu, India.</p>	<p>Email:saranyabpt2009@gmail.com</p> <p>Mobile No: +91-8870828285</p>
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**CANDIDATE SEEKING ADMISSION TO PHD PROGRAMME 2024-25 IN
PSYCHOLOGY UNDER EXTERNAL PART TIME MODE**

OBJECTIVE

To be associated with an organization that gives me scope to update my knowledge and skills in accordance with the latest and to be part of a team that dynamically works towards service of society and gains satisfaction thereof.

EXPERIENCE AS ON JUNE 2024

- Working as Assistant Manager in Ladies Hostel, VIT, Vellore Since March 2022
- Worked as a Senior Physiotherapist in Sri Lakshmi Clinic, Rangae Gowder Street, Coimbatore, Tamil Nadu for the past 6 year 8 months (From March 2009 to December 2015)
- Worked as Fitness Trainer and Consultant Physiotherapist in Shakshi Fitness, Vellore (From December 2017 to June 2019).
- Freelance Personal Trainer on Aerobics and Fitness (From January 2020 to till date)
 - Assess clients need in order to reach their physical and health goals
 - Provide individualized fitness training regimen
 - Demonstrate and train clients on proper techniques to avoid injuries

ACADEMIC QUALIFICATION :

- Completed **Master of Science in Applied Psychology** with **55%** through distance mode in Bharathiar University (From 2020-2022)
- Completed **Bachelor of Physiotherapy** with **60%** from PSG College of Physiotherapy, Affiliated to Dr.MGR Medical University, Chennai, Tamilnadu. (From 2003- 2009)
- **HSC** with **63%** from S.B.O.A Matriculation Higher Secondary School, Coimbatore. Tamil Nadu (From 2001 – 2003)
- **S.S.L.C** with **72.72%** from S.B.O.A Matriculation Higher Secondary School, Coimbatore, Tamil Nadu (From 2000 – 2001)

COMPULSORY ROTATARY INTERNSHIP (FROM SEPTEMBER 2008 –

MARCH 2009)

- Undergone 6 months of compulsory rotatory internship at PSG Hospitals, Peelamedu, Coimbatore in the following clinical department
 - Department of Orthopaedic, surgery and Rheumatology.
 - Department of Neurology, Neurosurgery.

- Department of Plastic surgery, Burns and hand rehabilitation.
- Department of physical machine and rehabilitation (Physiotherapy Outpatient department, Occupational therapy, Orthotics and Prosthetics)
- Department of Cardiology and Pulmonology

SPECIAL FIELD OF INTEREST

- Orthopaedic Rehabilitation
- Neurological Rehabilitation
- Cardio-Pulmonary Rehabilitation
- Obstetrics and Gynecology
- Diabetic Foot cases

PROJECT WORK

- Efficacy of task related training in improving upper limb function following middle cerebral artery stroke

CLINICAL EXPOSURE DURING INTERNSHIP

- **CARDIO-THORACIC UNIT**
 - Assessment, pre and post operative management of all cardiac related conditions and surgeries
- **ORTHOPAEDIC UNIT**
 - Assessment, pre and post operative management of total knee replacement, total hip replacement, various sports related injuries and other traumatic conditions
- **NEUROLOGICAL UNIT**
 - Treatment and rehabilitation of stroke, Parkinson's, GBS, Peripheral Nerves injuries and other Neurological conditions
- **GENERAL SURGERY UNIT**
 - Post-operative management of Hernia repairs, various ectomies and Blunt Abdominal injuries
- **PHYSIOTHERAPY OUTPATIENT DEPARTMENT**
 - Assessment and treatment of outpatients especially in Pain management and functional rehabilitation including administration of the department
- **COMMUNITY CLINIC**
 - Managing the community center with regular flow of patients from the local community

TEACHING EXPERIENCE

- Had been trained in taking classes for the lower semester physiotherapy students

CONFERENCES / SYMPOSIUM ATTENDED

- Attended conference on Community based rehabilitation held in PSG College of Physiotherapy, Coimbatore

ADDITIONAL PURSUITS

- Certificate of Participation in 12 hours course on Acupressure therapy (Reflexology), PSG College of Technology, Coimbatore

- Certificate course on Fundamentals of Computer conducted by PSG Center for Non-Formal and Distance Education, Coimbatore
- Certificate course on Research Methodology and Bio-Statistics conducted by PSG Center for Non-Formal and Distance Education, Coimbatore
- Active participation in Awareness Walk (Nationwide Rally) on National Initiative on trauma Awareness and Diabetes Foot Care
- Consultant Physiotherapist in Obstetrics and Gynecology Department at RAO Hospital, R.S.Puram, Coimbatore.
- Completed online course on “Diploma in Psychology” through Alison Online Academy 2020
- Completed online course on “Mental Health Studies - Suicide, Violent Behavior and Substance Abuse” through Alison Online Academy 2020
- Completed online specialized certificate course on Psychological Counselling through Udemy 2020

PERSONAL DETAILS

Gender	: Female	
Born on	: 12 th April 1986	Age: 38 years
Native City & State	: Coimbatore, Tamil Nadu	
Marital Status	: Married	
Spouse Name & Occupation	: Dr..Senthil Murugan, Associate Professor, VIT , Vellore	
Languages	:Tamil, English, Malayalam	

REFERENCE

Dr.V.Ramamoorthy, MBBS, DNB (PMR), MD
 Professor, PSG Hospitals, Peelamedu, Coimbatore-4
 Consultant Physician, Sri Lakshmi Clinic, Rangae Gowder Street, Coimbatore.

Dr.N.Suresh Kumar, Professor, School of Computer Science and Engineering,
 Kalasalingam University, Krishnankovil, Viruthunagar District